

Pain Management Strategies

It is normal to have discomfort following root canal treatment. Typically this is mild and occurs mostly when pressure is put on the tooth, however, responses can vary from mild to severe. The condition of the tooth prior to treatment and the presence of pain prior to treatment can influence the post treatment course. The following is our recommended regimen:

If you can take ibuprofen (Advil)

Take 600 mg Ibuprofen (3 Advil) every six hours

If still having pain

Take 600 mg Ibuprofen (3 Advil) every six hours

↓ 3 hours

1-2 tablets Tylenol ES or Tylenol #3 or Vicodin

↓ 3 hours

Take 600 mg Ibuprofen (3 Advil)

↓ 3 hours

1-2 tablets Tylenol ES or Tylenol #3 or Vicodin

↓ 3 hours

Take 600 mg Ibuprofen (3 Advil)

Continue this regimen as needed until symptoms resolve